



The Continuum of MY LINEAGE



My Name is Ruben Apaza Quispe

I was born in the Q'ero community, in the sacred mountains of the Peruvian Andes.

I am an heir to ancestral wisdom passed down through generations, and from a very young age, I was guided by my parents and grandparents on the spiritual path and in life.

My parents, Andrés Apaza Ccapa and Asunta Quispe Yapura (both pampamisayoq masters), taught me that life is honored through gratitude, love, and respect for nature.

My childhood was spent among the sacred mountains, caring for animals and learning that every element of nature has a spirit and a lesson to offer.

At the age of 9, I moved to the city of Cusco, where I learned Spanish and began my formal education.

I completed my studies at a Catholic school and later continued at the National University of San Antonio Abad of Cusco (UNSAAC), where I studied Tourism and Hospitality.

I am the first generation from my community to attend university — an important step that bridges ancestral wisdom with modern knowledge.

The Origins of the Legacy-1970s

My grandfather, Manuel Quispe, was recognized as one of the great Altomisayoq masters of the Q'ero indigenous community—guardians of Andean wisdom and sacred knowledge passed down through generations.



1990s – Ancestral Wisdom Reaches the World

During this decade, my grandfather Manuel Quispe began to share his ancestral wisdom beyond the Andes. He traveled to major cities and collaborated with prominent figures in the Western world, such as Dr. Alberto Villoldo, bringing sacred Q'ero medicine to new horizons.

At the same time, my parents, Asunta Quispe and Andrés Apaza, became disciples and devoted followers of my grandfather. Both were initiated as Pampamisayoq, continuing the spiritual path of our family.

My Birth-1995s

That year, I was born—Rubén Apaza Quispe—in the humble chosa (hut) of my parents in the community of Chua Chua – Q'eros, beneath the mantle of the sacred mountains that have guided my family for generations.



2000s – The Beginning of My Own Path

At an early age, I left my Q'ero indigenous community and moved to the city of Cusco with the purpose of studying and acquiring tools from the modern world.

Expansion of the Family Legacy-2010s

My parents, Asunta and Andrés, began working as spiritual teachers in Cusco, and later traveled to other countries, sharing the knowledge they inherited from my grandfather. In this way, Q'ero ancestral medicine continued to expand, touching hearts far beyond our mountains.





2019 – A Year of Transition

I completed my studies in Tourism and Hospitality, fully prepared to serve as a bridge between cultures. That same year, my mother Asunta Quispe departed for the spiritual world, reuniting with her father, my grandfather Manuel, in the sky. It was a time of deep farewell.

Return to My Roots - 2020s

I felt a strong calling in my heart and returned to live in the Q'ero community. There, I resumed my deep learning of sacred medicine, the Andean cosmivision, and the role I am meant to fulfill within my family lineage.



2023s – The Legacy Crosses Borders

I traveled to the United States with the purpose of healing, teaching, and sharing the ancestral knowledge of my grandfather, my parents, and my community. I also focused on improving my English, to connect with more people and continue being a Chakaruna—a bridge between cultures.

My Mission Today

I am Rubén Apaza Quispe—son, grandson, and heir to a sacred Q'ero lineage. Today, I walk between two worlds: the ancestral and the modern, carrying the fire of my lineage to illuminate the path for those seeking healing and a deeper connection with the wisdom of the Earth.



My Lineage

My father, Andrés Apaza Ccapa, comes from an ancestral lineage of Qollasuyo, known for its deep knowledge of traditional medicine. My mother, Asunta Quispe Yapura, is the daughter of Manuel Quispe, a great Altomisayuq master and wise Q'ero elder who shared ancestral medicine with the Western world. Through them, I inherited not only a name but a sacred path of service and healing.

