



DEEP SPIRITUAL INTEGRATION WITH THE
INDIGENOUS PEOPLE OF THE Q'EROS COMMUNITY

APU AUSANGATE

3D/2N



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APU AUSANGATE

3 Days and 2 Nights

Ausangate is a mountain in the Vilcanota mountain range, home to the highest snow-capped peak in Cusco (6,868 m.a.s.l. / 22,533 ft). It is considered the tutelary Apu of the Tahuantinsuyo and the guardian of all evolutions, known as Apu Ausangate. It's a spiritual and adventurous excursion where visitors enjoy the majestic trail in its greatest splendor, in the presence of Andean camelids, glaciers, and colorful lakes. Live a transformative experience that invites you to integrate the contemporary Western worldview with the ancient wisdom of the indigenous Andean peoples. This unique retreat offers you the opportunity to authentically live with the spiritual masters of the Q'eros Community—considered the last guardians of the Inka lineage—living carriers of a sacred tradition that has endured in balance with nature and the cosmos for centuries.

TOUR DETAILS

Duration: 3 Days / 2 Nights

Destination: Cusco – Peru

Modality: Trekking – Ceremony – Healing – Meditation

Spiritual Guide: Q'eros Masters

Required Physical Level: Moderate



ITINERARY

Day 1: Cusco – Pacchanta – Ausangate.

6:00 AM - Hotel Pick-up We start our day by picking up participants at their respective hotels in Cusco. Accompanied by our guide team and comfortable transportation, we will travel towards the Ausangate mountain. This trip takes approximately **3:30 to 4:00 hours** to Pacchanta, allowing travelers to adapt to the landscape and begin to connect with Ausangate.

10:00 AM - Arrival at the Trekking Start Point (Pacchanta) and Camp Preparation Upon arriving at the base of the mountain, we prepare for the trek. We will begin a hike of approximately **two hours** along a path that offers a wonderful preview of the imposing mountainous landscape, with excellent views of the **Apu Ausangate**. This trail will lead us to **Azul Cocha** (4,400 m.a.s.l. / 14,436 ft), a place that provides fantastic panoramic views of Ausangate at the end of the valley.

1:30 PM - Local Lunch We will enjoy a delicious, typical lunch of the region—a nutritious and flavorful meal that will replenish our energy before starting the ceremonies. This is a perfect time to share, rest, and enjoy the scenery.

3:00 PM - Arrival at the Ceremonial Center After lunch, we will head toward the **Ceremonial Center**, a sacred space in the mountains where 5 to 6 **Q'eros Masters** await us to guide us in the spiritual practice. These Andean wise men share a profound understanding of life, a legacy of the ancestral secrets of the Incas, which have been passed down through generations.



ITINERARY

Day 2: AUSANGATE – AZUL COCHA – SPIRITUAL RENEWAL

06:00 a.m. – Wake-up and Breakfast Our staff will assist you with hot water for your personal hygiene. Afterward, you'll enjoy a **nutritious breakfast** that will prepare you for the day of spiritual connection.

07:30 a.m. – Preparation and Walk to the Ceremonial Center We will begin a **20 to 30-minute walk** toward one of Ausangate's sacred lagoons, receiving the energy of the Father Sun (**Tayta Inti**) along the way. This moment of connection with nature marks the start of a day of transformation and healing.



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Day 3: AUSANGATE – PACCHANTA – CUSCO.

Breakfast We'll start the day with a revitalizing **coca tea** and a light breakfast, preparing ourselves to conclude this spiritual experience with harmony and gratitude.

Ceremony of the Four Elements We'll participate in an ancestral ceremony from the Q'ero tradition, designed to connect with the energy of the four sacred elements:

- **Earth**, which sustains and nourishes us
- **Fire**, which transforms and purifies
- **Wind**, which liberates and guides
- **Water**, which cleanses and renews

This ritual helps us restore inner balance and integrate deeply with the Andean worldview, strengthening our connection with nature and the cosmos.

Closing of the Ceremonial Circle With deep respect and gratitude, we will perform a ceremonial closing, giving thanks to the **Q'eros masters**, the **Apus**, the **Pachamama**, and all participants for the shared experience, learning, and energy over these days.

Explanation of Q'ero Handicrafts Before departing, the masters will share the spiritual meaning of their traditional handicrafts: the use of symbols, the natural materials, and how these creations are connected to their worldview. You'll also have the opportunity to acquire authentic pieces, directly supporting the wise guardians of this living culture.

Lunch and Return Trek to Pacchanta At the indicated time, we'll enjoy a final lunch. Afterward, we'll begin an approximately **two-hour downhill trek** back to **Pacchanta**, where our experience in the lands of Ausangate will conclude.

Return Transportation to Cusco In Pacchanta, our private transport will be waiting to take us back to the city of **Cusco**. Upon arrival, we'll drop you off at your hotel, thus concluding an unforgettable journey of connection, healing, and spiritual learning in the Andes.



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What is Included?

Pre-Departure Information: One day before the tour, you will have a meeting with your Guide to receive all the information. This can be a group meeting in our office or a private meeting at your hotel. The meeting will be at **6:00 PM** the evening before your trip begins.

Transportation: Pick-up will be in a **private vehicle** from your hotel to take you to **Ausangate**. At the end of our tour, our transport will pick us up at the final point of the trek to transfer you back to your hotel.

Ticket: Includes the entrance ticket to Ausangate.

Experienced Guide: A professional guide specializing in trekking, who speaks **Quechua** (the native language of the Incas), Spanish, and English. Your guide will explain the culture and the surroundings throughout your entire experience. He or she will keep you safe, healthy, and comfortable on your trek so you can enjoy your time without worries.

Andean Masters: Our specialty is the practice of **Spiritual Healing Ceremony** with the **Shaman or Paq'o**, who will help you connect with nature and yourself through a ceremony dedicated to the **APUS** (sacred mountains) and **PACHAMAMA** (Mother Earth) of the **Q'eros community** (direct heirs of the Inca).

Camping Equipment: We provide spacious tents for resting and a dining tent, along with tables, chairs, and complete cooking equipment.

Food: Our chefs prepare a variety of delicious meals, respecting all dietary restrictions, so be sure to mention any specific options on your booking form. You will enjoy **breakfast, lunch, and dinner** every day. We will also provide hot infusions (tea, coffee, hot chocolate, snacks) and a morning snack for you to enjoy during the trek.

Ceremony: The **Q'eros Community** is a highly energetic place, an ideal location to receive the strength and energies of Mother Nature through different ancestral ceremonies. Ceremonies of your choice are included.

Emergency Horse: All the treks we offer include an **additional horse** for our clients that can be ridden if you feel ill or are moving a bit slower.

Snacks on Day 1: Our snacks consist of local fruits, crackers, chocolate, candies, etc. We will give you this snack at the start of each day in your cloth bag.



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What is Not Included?

Travel Insurance: It is not mandatory, but it is **recommended** for those who live at sea level, as adapting to Cusco will take some time. Most people need **1 to 2 days to acclimatize**.

Headlamps: It is recommended to bring a **headlamp** for your overnight camp. There will be no lights at the campsites, making it difficult to get to your dining tent or bathroom tent. Flashlights are also acceptable.

Not Included (Optional/Additional Cost):

- **Personal Ceremonies** (optional, with additional cost)
- **First Breakfast and Last Dinner** (The provided meals usually start with lunch on Day 1 and end with lunch on the final day.)
- **Rentals:** Every hiker needs a **sleeping bag** for camping. **Trekking poles** (with rubber tips) are optional.
- **Tip for our team:** Tips are always appreciated and should be based completely on your satisfaction. Feel free to tip or not, even if it is not customary for you.
- **Dinner on the Last Day**
- **Extra Expenses**
- **Personal Clothing and Gear**



ITINERARY

PRICE

MINIMUM 2 PEOPLE
\$760.00 USD Per Person

PAYMENT METHODS

For your convenience, we offer various payment options, all made in the name of our representative, Ruben Apaza Quispe. Each payment method has an additional commission, which will be specified at the time of the transaction.

Booking Conditions

- **Initial deposit of 50%** at the time of booking.
- **Remaining balance** to be paid in cash one day before the tour begins.

Available Payment Options

- **International Bank Transfers (SWIFT)**
- **PayPal:** Secure and fast payment using your PayPal account.
- **Western Union / MoneyGram**
- **National Bank Transfers** (Yape/Plin)

Contact for Transfers

To make your payment or receive more details about the payment methods, please contact our representative Ruben Apaza Quispe directly.



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