

⇒ Ayahuasca Ceremony

Healing and Inner Awakening with the Q'eros

Duration:

Full Day (1 ceremony)

Optional: 2–3 Day Retreat with multiple ceremonies and integration sessions

“Ayahuasca is one of the most sacred medicines of our tradition. Known as the mother of all plant teachers, it opens a profound space of connection with the inner self—bringing forth memories, emotions, and visions that help heal and transform life. Guided by Q'ero Masters, you will embark on a journey into the spirit, within a safe ceremonial environment in the Sacred Valley, surrounded by Apus (mountain spirits), rivers, and protective mountains that hold the experience.”



MEMORY Q'ERO
Andean Ceremonial
Center

“Allow Mother Ayahuasca to guide you toward your inner light.”

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What is the Ayahuasca Ceremony?

For centuries, Ayahuasca has been used by Indigenous peoples as a tool for healing and expanding consciousness. This medicine purifies body, mind, and spirit, helping release energetic blockages and opening a clearer vision of life.

Within the Andean path, the experience is enriched by sacred chants, prayers, and the presence of the Q'eros—who bring their ancestral wisdom to support and guide the process with integrity and care.

Why join this ceremony with us?

- 1. We work with authentic Q'ero Masters, direct heirs of the Inkan tradition.*
- 2. We provide a safe and respectful environment, with small groups and personalized attention.*
- 3. We include pre-ceremony energy cleansing rituals and an offering to Pachamama.*
- 4. We offer integration moments, to help you understand the messages of your journey and apply them to daily life.*





The ceremony takes place in a sacred space of the Sacred Valley, surrounded by rivers, mountains, and nature. The altitude (2,800–3,000 m / 9,100–9,800 ft) is comfortable and the environment is designed to provide peace, safety, and a deep connection with the energy of Pachamama.

General Information

Detail

- Duration
- Location
- Modality
- Spiritual Guides
- Physical Level
- Language
- Transportation
- Minimum Group Size

Description

- Full Day (1 ceremony) – Optional 2–3 day programs
- Sacred Valley of the Incas, Cusco
- Ancestral medicine ceremony
- Q'ero Masters (3–5 Paqos) + bilingual facilitator
- Light (no physical effort required)
- Spanish and English
- Included: Cusco – Sacred Valley – Cusco
- Minimum 2 people (maximum 8 for intimacy)



DAY 1

Ceremony ayahuasca

The experience begins with a 10:00 am departure from Cusco, heading toward our retreat space in the Sacred Valley. Upon arrival, participants are welcomed in a sharing circle to set intentions and receive guidance, followed by free time to rest, meditate, or connect with the surroundings. In the late afternoon, around 5:00–6:00 pm, a brief medical check and energetic cleansing take place to ensure each person is ready. The ceremony begins at 7:00 pm, guided by Q'ero masters and supported by sacred chants and prayers. The effects of the medicine appear gradually, leading to a journey that may last between 2 and 6 hours, depending on each participant. At the end, the group rests in silence and care, spending the night at the retreat. The following morning, after a light breakfast and a short integration circle, transport returns participants to Cusco, either early in the morning or after sharing reflections from the ceremony.





Initiation Journey Included

1. *Private transport Cusco – Sacred Valley – Cusco.*
2. *Ceremony led by authentic Q'ero Masters.*
3. *Bilingual facilitator (Spanish/English).*
4. *Ritual of cleansing and preparation.*
5. *Natural herbal infusions and light snacks.*
6. *Private, safe ceremonial space.*
7. *Personalized support throughout the experience.*





Not Included:

1. *Medical or travel insurance.*
2. *Additional ceremonies not mentioned.*
3. *Accommodation (available in extended programs).*
4. *Personal expenses.*



Important Recommendations for Participants:

1. *Avoid alcohol, drugs, red meat, processed foods, spicy dishes, and caffeine for at least 3 days before.*
2. *Follow a light diet (fruits, vegetables, herbal teas).*
3. *Arrive with a clear intention: What do I wish to heal or understand in this ceremony?*
4. *Inform us in advance of any medications, health conditions, or medical treatments.*
5. *Not recommended for pregnant women or people with high blood pressure, heart conditions, or psychiatric issues.*
6. *Bring comfortable clothing, a light jacket, a blanket, water bottle, and a personal item you may wish to bless.*
7. *After the ceremony, rest and integrate the experience before returning to demanding activities.*



“Allow Mother Ayahuasca to awaken your inner vision and guide your path of healing.”



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